

"Though my husband and I are not diabetic, type 2 diabetes runs in our families and we had high cholesterol levels. After the first three months on the **Glu-Pro** supplements, **we dropped our overall cholesterol level by an average of 11%, our LDL level an average of 15%, triglycerides an average of 36% and increased our HDL ("good") cholesterol an average of 16%**. We're now nearly in normal cholesterol ranges. We both also lost weight and our energy levels increased."

 Christine & Jon W., Orlando, FL

I've been a type 1 diabetic since I was 15. When I started taking the **Glu-Pro** supplements a year ago, I noticed a difference after about a month of taking it. There was a marked increase in my sensitivity to insulin and when I went for my next checkup, **my HbA1c came back half a percent lower**. Without **Glu-Pro**, my A1c levels hovered near 7% and now they're generally between 6% – 6.5%. Also, I've become more active and I find that **when I take the Glu-Pro EFA supplement about 15 minutes before my workout, I have less muscle fatigue and more endurance**. The overall quality of my exercise is better, too, with less soreness immediately afterward or the next day. It's an amazing supplement.

 Brian B., age 21, Orlando, FL

About a year ago, on the recommendation of a doctor/friend, I began taking the **Glu-Pro** supplements to help with my recovery from a major surgery. Within the first several months I noticed a pronounced improvement in my energy levels, even compared to my pre-surgery levels, and I also started to lose weight. **I've now gone down three belt notches without making any changes to my lifestyle other than taking Glu-Pro on a daily basis. And I feel I have more energy than I've had in years.**"

 Warren M. age 69, Maitland, FL

Take the Initiative. Live Right. The **Glu-Pro** System Can Help.

Numerous factors, including heredity, influence a person's general health and, certainly, a desire to make positive life style changes. Eating a more healthy diet, getting moderate exercise, quitting smoking, avoiding excessive alcohol use, managing stress, etc. will help greatly.

However, often these changes may not be enough, or some may prove too difficult to maintain over time.

The **Glu-Pro** System offers a supplement-based solution with the potential to improve diabetic control and possibly prevent or delay many diabetic complications, and improve your quality of life.

Together, the **Glu-Pro** System and you can make a difference.



For more information, contact:

Pharmacy Specialists

393 Maitland Ave, Altamonte Springs, FL 32701

Pediatric Endocrinology Consultants, P.A.

789 Douglas Ave, Altamonte Springs, FL 32714

Or visit www.Glu-Pro.com



DISCLAIMER: The statements herein have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any diseases.

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The **Glu-Pro**™ System: Nutritional Support for Diabetics and Those at Risk

Glu-Pro VM™
Glu-Pro EFA™

Dietary Supplements

U.S. Patent #7,332,181
Other patents pending



www.Glu-Pro.com

Diabetes and Related Illnesses: A National Health Catastrophe

The United States is facing an unprecedented health crisis due to a tremendous increase in the incidence of **obesity, diabetes, hyperlipidemia (high cholesterol) and related complications:**

- 👉 Roughly *two-thirds* of adults and *one-third* of children are overweight.
- 👉 Diabetes has increased *tenfold* over the past forty years. Currently, 24 million children and adults are diabetic and 54 million are in a pre-diabetic state and most are not aware of it.
- 👉 Health consequences of diabetes and pre-diabetic conditions include: cardiovascular disease (heart disease and stroke), chronic fatigue, depression, blindness (retinopathy), nerve damage (neuropathy), and kidney damage (nephropathy) and increased risk of various forms of cancer.
- 👉 Heart disease constitutes +40% of all deaths and diabetic men have *twice* – and women *four times* -- the risk of developing heart disease than non-diabetics.
- 👉 *Two-thirds* of patients with type 2 diabetes will die of heart disease.
- 👉 Nearly *half* of patients admitted to the hospital with heart failure are diabetic.

Improper Nutrition is Linked to Both the Causes and Effects of Diabetes

Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches and other food into energy needed for daily life. This process is called "glucose metabolism."

Key **vitamins, minerals and, essential fatty acids (EFAs)** are necessary for the body to function properly and combat diseases such as diabetes.

However, because of *high-carbohydrate diets, inactivity, food processing and additives, depletion of trace minerals in soils and consumption of altered and saturated fats*, most people are not receiving the proper amount and types of nutrients they need, or their bodies are unable to properly process these nutrients. Supplementing daily diet becomes critically important in order to avoid – or fight – disturbances that can lead to diabetes or its complications.

👉 The Glu-Pro System 👉 Support in the Fight Against Pre-Diabetic and Diabetic Disturbances

The patented **Glu-Pro** System is comprised of two formulas: **Glu-Pro VM** contains **10 vitamins and 9 minerals** involved with glucose metabolism and **Glu-Pro EFA** contains **a unique blend of 5 EFA oils combined with vitamin E and co-enzyme Q10***. Together, they deliver many of the nutrients and antioxidants that enhance the body's ability to function properly and combat disorders that can lead to diabetes and its complications.

Developed by a noted pediatric endocrinologist and a respected pharmacist, the formulas were the result of extensive research on those supplements that would **provide optimum nutritional support and improve glucose metabolism** for patients with diabetic and/or pre-diabetic conditions.

Combined, they are the basis for the **Glu-Pro** System that is offering tremendous benefits to those who want to improve their health and quality of life.

(* For a list of the vitamins, minerals and essential fatty acids used in the formulas, and their relationship to proper body functioning and glucose metabolism, go to www.Glu-Pro.com).

Benefits of the **Glu-Pro** System

Though originally designed for patients with type 1 and type 2 diabetes, both diabetic and non-diabetic users of **Glu-Pro VM** and **Glu-Pro EFA** have experienced numerous positive results:

- 👉 Improved glucose metabolism
- 👉 Increased insulin sensitivity (decreased insulin resistance)
- 👉 Decreased hemoglobin A1c levels by an average of 1% (based on unpublished study)
- 👉 Lowered total cholesterol, LDL ("bad") cholesterol and triglyceride levels
- 👉 Increased energy
- 👉 Decreased craving for sweets
- 👉 Weight loss

*"I was diagnosed with type 1 diabetes when I was in the sixth grade. Over the last seven or eight years, my HbA1c tended to hover in the upper 7's, despite various medications. However, about a year ago, I went off the other medications and started taking the **Glu-Pro** supplements. **After the first three months, my A1c levels dropped dramatically**, and I'm now consistently in the 6.8 to 7 range. It has really made a significant difference for me. Thank you."*

👉 John K., Orlando, FL

IMPORTANT NOTE: Patients with types 1 and 2 diabetes should be cautioned about the potential for hypoglycemia (low blood sugar) when they begin taking **Glu-Pro VM** and **Glu-Pro EFA** due to an anticipated drop in their blood glucose levels (as a result of an anticipated increase in insulin sensitivity or decrease in insulin resistance). Patients using these supplemental formulas should consult with their physician to ensure insulin dosages or oral hypoglycemic medications are appropriately adjusted (decreased), especially if combined with a decrease in their carbohydrate consumption and/or an increase in activity levels.